



# GET IN THE RACE TO RETIREMENT

National Save for Retirement Week ■ October 18-24, 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>NS4RW Kick-off</b>	<b>Lunch n'Learn Workshop</b>	<b>Retirement Roundtable</b>	<b>Share Retirement Resources</b>	<b>TGIF and NS4RW</b>	<b>Get in the Race Day</b>	<b>Rest and relax</b>
<p>Send email on NS4RW to create awareness and motivate employees to enroll in their plan or increase their deferrals. Include:</p> <ul style="list-style-type: none"> <li>• NS4RW banner in the email—it links them to the deferred comp website</li> <li>• Direct them to the R-Check<sup>SM</sup> calculator so they can get their R-Score<sup>SM</sup></li> </ul> <p><b>Other calculators are also available:</b></p> <ul style="list-style-type: none"> <li>• Choosing Investments</li> <li>• Retirement Savings calculator</li> <li>• Pay Check Impact calculator</li> <li>• Future Value calculator</li> <li>• Payout calculator</li> </ul>	<p>Schedule time with your deferred comp rep to host a workshop during the lunch hour.</p> <p>Put workshop posters up so employees know when and where the workshop will be held.</p> <p><b>There are a variety of workshops:</b> Enrolling, asset allocation, nearing retirement, and reducing debt just to name a few!</p> <p><b>Give away item:</b> Ask your deferred comp rep about a giveaway item for employees who attend a workshop.</p>	<p>Ask Human Resources to facilitate a morning coffee/team for Q&amp;A on relevant topics such as Open Enrollment, deferred comp plan information, and other policies employees are interested in.</p> <p><b>Need additional support?</b> Invite your deferred comp rep to answer questions and provide education materials about your plan.</p>	<p>Your employees are unique and have different levels of experience saving for retirement.</p> <p>Encourage your employees to share their knowledge by setting up an area where they can bring in magazines, books and articles about the importance of saving for retirement.</p> <p><b>Suggested Activity:</b> Purchase a book on a retirement planning topic and raffle it off.</p>	<p>Potlucks are a great way for co-workers to sample each other's favorite dishes. Your deferred comp plan offers many different investment options &amp; resources to help employees understand their investment options. Encourage them to call their deferred comp rep for an account review to be sure they're on track.</p> <p><b>Suggested activity:</b> Hold a parking lot potluck at lunch time.</p>	<p>Talking with important people in your life about sensitive topics like financial planning can be difficult. Devote some time to this topic by planning some time with your family — either take a walk, have a family meeting, or discuss over dinner. No matter what activity you chose- you'll be spending time with the important people in your life to discuss important topics to all.</p>	<p>Take a day to relax and enjoy a movie. Here are 10 great movies about money or retirement!</p> <ol style="list-style-type: none"> <li>1. Mad Money</li> <li>2. Wall Street</li> <li>3. Grumpy Old Men</li> <li>4. Trading Places</li> <li>5. The Sting</li> <li>6. Oceans 11</li> <li>7. Casino</li> <li>8. Milk Money</li> <li>9. Brewster's Millions</li> <li>10. Other People's Money</li> </ol>

**Nationwide**  
**877-677-3678**